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YOUR LOCAL EDITION





In the driver's seat: Robert 'Bob' Bates and brother Tom in the fruit and veg cart and, right, with one of his replica models

A MODEL CITIZEN

By Russ Lawrence

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A POPULAR trader, who delivered fruit and veg by horse and cart for many years to Tottenham homes and later used his passion for horse-drawn vehicles to recreate award-winning detailed scale models of them, has died.

Tributes have been paid to Robert "Bob" Bates following his death at the age of 89 after a short illness.

He was a familiar sight on the streets of N17 in the years before and after World War II as he sat on the running board of the horse-drawn rig of the family greengrocery business with his younger brother, Tom.

"He was a bit of a character and both he and his horse and cart were a well-known feature around that part of Tottenham in the days before motor cars became the more popular mode of transport," said his nephew Graham Careford.

"Local children, especially, were enthralled to see and be close to the cart and his beloved horse, a Welsh cob, named Ginger," he added.

The brothers worked out of a yard in Somerford Grove, just off of Park Lane, behind what was formerly the Milford Tavern pub.

Steeped in tradition, owners of working horses were proud of their colourfully painted rigs and gleaming horse harnesses and Bob was no different winning stacks of cups and medals at horse shows and parades.

He was a regular entrant in the London Van Horse Parade, which used to be held in Regent's Park and won first prize in the trade category – beating the famous Whitbread Brewery team at the International Horse Show at the White City Stadium.

A full-size Bayley cart he and his brother restored and repainted in the original livery was acquired by the London Museum and put on display for a year in 1994.

His own costermongers' horse-drawn trolley cart acted as stage for the street party held in Waverley Road, Tottenham, in 1953 for the Queen's coronation and featured regularly in the annual Tottenham and Edmonton carnivals.

Bob, who moved to Middleham Road, Edmonton, after marrying in 1971, retained his passion for horse-drawn vehicles after the demise of horses as a means of transport.

With his carpentry skills and extensive knowledge of the equine world, he devoted his spare time to making spectacular detailed miniature models, earning widespread respect and renown among model makers worldwide.

He had already demonstrated his prowess for the craft while serving in the army in Egypt in 1946 where he built his first model from memory using scratch wood and metal he had found in the desert.

His superb 1/8th scale models of horse-drawn vehicles including carts, wagons and even a gypsy caravan, have been on display and won awards at a number of trade fairs, both in the UK and elsewhere in Europe.

He eventually sold many of them to Reading University, where they are on display at the faculty for rural sciences.

"He was larger than life character," added Mr Careford.

"He loved to sing and his melodious voice could often heard entertaining regulars at the Milford Tavern or the Corner Pin pub on the corner of Park Lane and Tottenham High Road," he added.

His funeral will be held at Enfield Crematorium 12.30pm next Wednesday (August 31).

A-level students make the grade

THERE were celebrations for Haringey's A-level students last week as the borough recorded an eight per cent increase on A*-B grades attained compared to last year.

Among notable achievements were the two As and an A* achieved by Alexandra Park School student Antonia Tovea, who came to the UK from Bulgaria three years ago without being able to speak a word of English.

Haringey Sixth Form student Khadija Ahmed was another who excelled, achieving an A* in further maths and As in physics and English language and literature. She is off to to study English at Warwick University.

Police probe killing

A MURDER inquiry has been launched in Haringey after a man was found with fatal injuries in a street in Wood Green in the early hours of yesterday (Tuesday) morning.

Police called to Glendale Avenue at 4.40am found the body of the man, believed to be aged in his 20s.

Paramedics gave him first aid before he was pronounced dead at the scene.

Witnesses should call pollice on 020 8358 0100, or Crimestoppers anonymously on 0800 555 111.

It's time to tuck in

FOOD fanatics will be spoilt for choice at a three-day feast at Alexandra Palace over the August bank holiday weekend.

They can take part in a bush tucker trial, try tea and cake and sample Brazilian food at the Alexandra Palace Park Foodies Festival, which starts on Saturday.

Children under 12 go free with adult day tickets starting at £13. Doors open at 11am on all three days.

Lib Dems hit out over agency's lack of lettings

A PUBLICLY-FUNDED letting agency has been blasted for not renting out enough properties.

Liberal Democrats have attacked Haringey Council after it was revealed that Move51 Degrees North, the letting agency the council established, had let just two properties in ten months. The Lib Dems say the agency has cost local taxpayers £406,618 in set-up and running costs.

The council's cabinet revealed the figures and said that the agency was not expected to make a profit for three years.

The aim is to provide an alternative to private letting agencies.

Gail Engert, the leader of the council's Lib Dem opposition, said: "I am sure many residents will be angry to hear that this letting agency has cost taxpayers nearly half a million pounds, but has only let two properties. Haringey residents pay one of the higher council taxes in London and that money should be spent wisely and not wasted."

A Homes for Haringey spokeswoman said: "Move51 has two properties in management and is in the process of marketing two further properties. Its remit is being widened to offer incentivised assured shorthold tenancies to private landlords as a cost-effective alternative to most other temporary accommodation options available, which will help us continue to tackle homelessness in the borough."

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NEWSPAPERS SUPPORT RECYCLING

Man faces jail for terror offences

A PALMERS Green man is facing a jail sentence after being convicted of a terrorism offence.

Mohammed Mizanur Rahman has been found guilty of encouraging support and "spreading hate" as a supporter of terrorist organisation Islamic State.

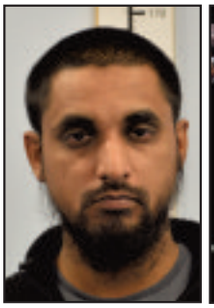
The 33-year-old, of North Circular Road, was found guilty along with cleric Anjem Choudary, 49, from Ilford, east London.

The two men told their followers to obey the Islamic State (ISIS) leader Abu Bakr al-Baghdadi, an Old Bailey jury heard.

They had also posted an oath of allegiance on an extremist website on the ninth anniversary of the London terrorist attacks, the court heard.

The Met's head of counter terrorism Commander Dean Haydon said: "These men stayed just within the law for many years, but there is no one within the counter terrorism world who has any doubts of the influence they have had, the hate they have spread and the people they have encouraged to join terrorist organisations."

Both men are due to be sentenced at the Old Bailey on September 6.





Facing jail: Mohammed Mizanur Rahman, left, and, right, pictured alongside cleric Anjem Choudary, who was also convicted of a terrorism offence

Officer sobs at recollection of fatal shooting

By Julia Gregory
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A FIREARMS officer admitted to an inquest into the fatal shooting by police of a man with mental health difficulties that a warning was only given after he had opened his flat door.

James Kerry Fox was shot by armed police five times after they were called out to Picardy House, Cedar Road, Enfield, on August 30 last year. They had been told that a man was making threats to kill.

The inquest at North London Coroner's Court last Thursday had earlier heard that the 43-year-old, who had a history of mental health problems, had pointed an airgun at a child's head.

Armed police who arrived on the scene were told in a briefing that Mr Fox had previously been sectioned under the Mental Health Act and had also made a suicide attempt in the past.

There was also a discussion that the weapon he was believed to possess could be an airgun, the inquest heard.

After viewing film from police body cameras, the firearms officer, who cannot be identified and was referred to as M27, told the jury that it was accepted that no warning of "armed police" had been given before Mr Fox opened the door to his flat.

Owen Greenhall, the solicitor representing Mr Fox's family, told the officer: "When he opened that door, he was quite literally looking down the barrel of a gun – your gun."

The firearms officer denied this, saying: "No, my gun did not pass the door frame."

Giving evidence from behind a screen, the officer later sobbed when describing the moment Mr Fox was shot after opening the door of the flat.

The jury saw footage of police blocking the spyhole in the door before they heard a noise and the flat door opened. The inquest heard the officer saw a gun pointed at a colleague when Mr Fox opened the flat door.

The jury also heard the shots fired at Mr Fox recorded by the police body-worn cameras.

Mr Greenhall said: "When you saw the gun, you fired two shots."

Speaking from behind the screen, the firearms officer said: "Yes, I did."

The inquest at the coroner's court in Barnet is expected to last two weeks and Mr Fox's family are due to give evidence.



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Stroll on, Peter...



Best foot forward: Peter Davey

A FITNESS instructor is taking on another tough trek to raise money for charity – by walking 65 miles.

Sprightly Peter Davey, who has already raised £1,000 for leukaemia research, is tackling his second ultra challenge over the August bank holiday.

Last year Mr Davey, 68, of Harman Road, Bush Hill Park, walked 62 miles to Cambridge.

Now he is facing a slightly longer route between Eastbourne and Arundel, in Sussex.

Mr Davey had treatment for leukaemia two years ago and is determined to raise money for research into blood cancers.

He said: "The walk is 75 per cent off-road this year and is equally, if not more, challenging than last year.

"I'll be starting at 7am and I won't stop until I have finished, so I think I could be on my feet for 24 hours."

Just hanging around



Daredevil: James Beckett makes his leap of faith

By Priya Kingsley-Adam

priya.kingsley-adam@nlhnews.co.uk

A MAN has repaid the hospital which saved his life as a child by plunging off its 10th-storey roof together with his father in a thrilling fundraising charity abseil.

James Beckett, 28, from Goffs Oak, descended on ropes down the side of St Mary's Hospital, in Paddington, with his dad David.

The hospital's children's intensive care unit is where James was treated as a youngster for meningococcal septicaemia – a life-threatening infection of the brain, which mainly affects babies and pre-school children.

As a thank you to the dedicated staff, James and his father raised £630 towards the hospital's £2million More Smiles Appeal to build a new, state-of-the art children's intensive care unit by carrying out their daredevil stunt.

James said: "I owe my life to the children's intensive care unit at St Mary's Hospital and I am so pleased to have helped the appeal reach the £1m mark.

"I owe them all so much, as do so many other patients that have passed through the hospital."

He recalled the time when he suddenly fell seriously ill: "I remember feeling very weak one morning before school – I couldn't even walk or speak.

"The last thing I remember is my mum taking me to the doctors, but after that everything becomes a blur.

"I was rushed to hospital in an ambulance and I have seen photos of myself with tubes and wires everywhere. The next thing I remember is waking up and the staff treating me really well while I was recovering."

The overall cost of the hospital project is £10m, with the remainder funded by Imperial College Healthcare Charity and the hospital's trust.



A horse, of course: A block like this will be named after Valegro

Under starter's orders

IT'S not often that a building is named after a horse – but Valegro is no ordinary animal.

The 14-year-old is ridden by Enfield-born Olympic champion Charlotte Dujardin, who won another gold medal in the individual dressage in Rio to add to the two gold medals she won at London 2012.

And Dujardin also took a silver medal in Rio in the team dressage.

The team won gold in 2012.

Valegro has already returned home to the UK and his Facebook page includes photos showing the horse relaxing at home.

Enfield Council has decided to name one of the new blocks on the Alma estate in Ponders End after the 16.2-hands horse.

Homes on the redeveloped estate, off Alma Road, are the first council houses to be built in Enfield for 40 years. It follows a compulsory purchase order by the council.

The road running through the estate will be called Dujardin Mews.

The triple Olympic champion, who is the most successful British dressage rider of all time, had a postbox in Southbury Road, in Enfield Town, painted gold in her honour following her 2012 triumphs.

NHS Enfield Clinical Commissioning Group

Annual General Meeting

We would like to invite you to attend the Annual General Meeting of NHS Enfield Clinical Commissioning Group (CCG)

on

Wednesday 28 September 2016 2.30-3.30pm

at

The Dugdale Centre, Thomas Hardy House, 39 London Road, EN2 6DS

Our Annual Report and Accounts for 2015-2016 will be formally presented at the meeting.

Refreshments will be available from 2.15pm.

For further information please contact David Triggs, Board Secretary David.Triggs@enfieldccg.nhs.uk or call 020 3688 2867.

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It's hall to play for...

By Priya Kingsley-Adam
priya.kingsley-adam@nlhnews.co.uk

CHILDREN were transported back in time with old-fashioned games that kids their own age would have enjoyed during a summer workshop last week.

The outdoor activities took place at Forty Hall, in Forty Hill, Enfield, on Thursday.

At the start of the event groups aged between four and 11 were shown a painting from the 15th century depicting children playing various traditional games.

They then played outside in the grounds of Forty Hall. Games played during the workshop included bowling, blowing bubbles, making bubble pipes, hula hooping and one which involved standing behind a line and tossing a hat on to someone's head.

Helen Hamlyn, Forty Hall's learning and education outreach officer, said: "They may not have realised that children from that time period played games that are still played today, so we wanted to choose a variety of activities for them to enjoy."

There were three classes throughout the day and it was the fourth of five workshops taking place during the summer holidays.





Fun and games: Hannah Addison balances a hat on a stick with the help of Elizabeth Elia, above, while Eva Eyres, right blows some bubbles





Hat-trick: A youngster takes aim at Elizabeth Elia, left, while Cameron Murray and Ezra Hicks, above right, try their hand at skittles



Photographs: ANNE-MARIE SANDERSON



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Noble steed: Sienna Shanmuganathan with her horse



Looking forward: Enfield Council is looking to lease out Whitewebbs golf course

MICHAEL WICKS

Council looks to lease golf course

By Priya Kingsley-Adam

priya.kingsley-adam@nlhnews.co.uk

TO Let: Spacious municipal 18-hole golf course set in picturesque parkland. Charming original features, including bunkers, fairways, greens, practice facilities and clubhouse.

Whitewebbs, in Whitewebbs Lane, Enfield, has been put on the market by Enfield Council in an attempt to raise extra revenue.

The council, which is facing a budget squeeze due to government-imposed cuts on public spending, is hoping to rent the course to a commercial operator.

Such a move would also relieve the council of the financial burden of running it, as well as the cost of its upkeep.

Daniel Anderson, the council's cabinet member for environment, said: "In order to sustain the golf course and the surrounding areas, we are looking for an experienced operator to manage the facilities at Whitewebbs.

"By increasing access and participation in golf and wider leisure activities, this will help fund the redevelopment of the existing facilities.

"It will also ensure the maintenance of the non-golf areas, which protect and conserve the natural environment of the wider park."

Potential applicants have until September 30 to express their interest in the 5,882-yard, par-68 course, which was designed by five times Open championship winner John Henry "J.H" Taylor and opened in 1932.

The council says it has made more than £118million in spending cuts in the past five years and is aiming to make a further £56m in savings by 2020.

Mr Anderson added: "We are looking at many innovative ways to do this and our plan for Whitewebbs is one of them."

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Through the lens

Photo of the week



ANNE-MARIE SANDERSON

Reaching for the sky: The moon makes an appearance above Enfield on a bright and sunny morning

Through the lens: YOUR Enfield:

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Attacked: Vandals damaged the garden of rest at St Andrew's Church, in Enfield Town

Relatives distraught after vandals hit garden of rest

By Adrian Colley
newsdesk@nlhnews.co.uk

OUTRAGED families are distraught after vandals damaged garden of rest memorials in a rampage through a churchyard in Enfield Town.

A number of stones were targeted in the attack at St Andrew's Church over the weekend.

And the destruction has prompted one grieving relative to offer a reward for information leading to the arrest of the culprits.

Operations manager Dean Adde, 58, discovered the damage to the garden of rest on Sunday morning when he visited the memorial to his late wife, Kay.

He said: "It was despicable, extremely upsetting. I have offered £250 if someone can give us some information as it is not acceptable.

"I have got a feeling it was more than one person as so many stones were attacked."

Mr Adde contacted the police and he helped officers tidy up.

Another victim, Sally Ricketts, 56, was upset after a memorial to her father Roy Gould, who died 21 years ago, was kicked off its mounting.

"I was horrified," she said. "I just don't understand the mentality of people who do this.

"The actual memorial has been broken off from its base and it was lying a couple of stones away. The vases of flowers had been moved, but luckily they were not broken. I will have to get a stonemason to repair it."

Rev Dr Steve Griffiths, the vicar at St Andrew's, said: "Some of the flowerpots and top stones were moved into other positions and relocated. Flowers were taken from some pots and strewn on the ground.

"There may have been some minor damage to personal items, but it is hard to tell if that was done at the same time.

"As soon as we discovered this, we put the pots back where they should be and any extra flowerpots that we do not know the original location for have been left under a tree in the middle of the garden of rest for people to claim.

"It is sad that some people should choose to behave in this way.

"While there was limited physical damage, this type of behaviour can cause emotional distress to relatives.

"We are grateful for the community response in helping to address this issue.

"We will remain vigilant and hope that this does not happen again."

Robot bins will crush rubbish without mercy



The appliance of science: Daniel Anderson with one of the Big Belly bins

BRAINY bins are being introduced to tidy up parks.

The Big Belly bins detect how full they are and then crush the contents to create up to five times more space.

And that means they don't need to be emptied as often and are less likely to overflow, ruining the streets.

The bins are located in Trent Park, Broomfield Park, Grovelands Park, Oakwood Park, Enfield Town Park, Aldersbrook Park and Forty Hall Park.

The council spends about £4.5million to keep the borough clean and hopes the new bins will help reduce that cost by increasing capacity and also meet residents' expectations for high standards of cleanliness.

Cabinet member for environment Daniel Anderson said: "These bins are incredibly sophisticated and will play an important role in cutting the amount of time our staff need to spend emptying bins.

"That means we can allocate more resources tackling the environmental issues that really annoy people such as fly-tipping, graffiti and dog fouling.

"However, there is absolutely no point if people don't use them, so I'm urging residents to help us keep our borough clean by using our bins."

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In command: Detective Chief Superintendent Iain Raphael

ANNE-MARIE SANDERSON

Police chief is back on a familiar beat

Borough's new commander outlines priorities

By Priya Kingsley-Adam

priya.kingsley-adam@nlhnews.co.uk

SIX weeks into the job and Enfield's new police chief is relishing the challenge of being back where it all started for him as a bobby pounding the beat.

It was to Enfield where new borough commander Iain Raphael was first posted as a police constable back in 1993.

Twenty-three years later, with a wealth of experience under his belt, the 48-year-old father-of-three is keen, he says, to reduce crime, make the borough's streets safer and foster improved community relations in a multicultural, multi-faith borough.

Detective Chief Superintendent Raphael has set out his policing priorities with "crime prevention" high on his list.

Deterring criminals by reducing the opportunity to commit crime will be a major aim.

"The priority will be to stop crime in the first place," he said.

"The focus will also be on detecting crime, bringing offenders to justice and delivering a really professional service."

He stressed the need to work with the community to break down the barriers between the police and the public.

"I absolutely believe we've got to come together, and work together, whether that be with the local authority, third parties or residents of Enfield, and I'm really quite passionate about that," he added.

Asked about the task of increasing the community's confidence in Enfield's police, he said it would not be a simple challenge – but that using social media and the local press to inform people of crime hotspots would be key.

"I think part of my job is to be visible and contactable so I hope people will feel they can talk to us and we can talk to them," he said. "I passionately believe in an honest, open approach."

He has received numerous commendations during his career having worked in both uniformed and detective roles in five other London boroughs, Barnet, Hackney, Barking and Dagenham, Redbridge and Southwark, as well as Enfield.

He has a master's degree in police and police science and a doctorate in criminal justice.

It is his first posting as a borough commander, having spent the past two years heading the Met's Operation Bumblebee anti-burglary initiative.

He added "I feel immensely privileged to serve the residents of Enfield and with the team I have around me I am confident we can achieve our priorities to reduce crime and keep the community safe."

Consultation asking for views on green bin collection service

RESIDENTS are being reminded there is still time to have a say over alternative options the council is proposing in place of free weekly garden waste bin collections which it plans to scrap.

Enfield Council is holding a public consultation asking residents for their preference – to keep the weekly collections, but pay £60 a year with food waste collection combined, or change to a free fortnightly green bin service.

The council says government funding cuts have forced it to make cuts to services which residents may have come to expect "as a given" and will save it more than £400,000 a year.

Residents still have almost a fortnight to choose which option they want before the council's 12-week consultation ends on Friday, September 2.

Cabinet member for environment Daniel Anderson said: "Surprising as it may be, the green bin collection is not statutory and many other councils now provide such a service fortnightly or less often, while others charge for the service."

Residents can complete the consultation questionnaire online, or visit a library for help in Edmonton Green, Broomfield Lane, Palmers Green, Church Street, Enfield Town, and Ordnance Road, Enfield Lock. Support is also available at Enfield Civic Centre and John Wilkes House, in High Street, Ponders End, where hard copies will be provided.

To complete the questionnaire online, visit *http://www.enfield.gov.uk/consultations*

The consultation will not affect the collection of black and blue bins.

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Locally Cloudy2Clear service the Enfield, Edmonton, Palmers Green, Winchmore Hill & Southgate areas and manager Richard Power agrees that this approach is a major factor in his success. 'The truth is that it's not just the personal satisfaction that I get from doing a good job but also it makes good business sense. I get a huge amount of business from friends and family of people I've done work for, which just goes to show how much a little bit of effort is appreciated as both my customers and, obviously a body as nationally important as Which? now recognise.'

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Appeal: Dame Esther Rantzen

Bag it to beat heart disease

THIS September is Women and Heart Disease Awareness Month at the British Heart Foundation (BHF) and I'm writing to ask your readers to help fund vital research into heart disease by taking part in our Bag It, Beat It campaign.

About 28,000 women die from a heart attack each year in the UK – that's three every hour – but surveys have shown that women are less likely than men to recognise the symptoms of a heart attack and seek help.

I've donated to my local shop and I'd encourage all your readers to get involved this September and do the same. Simply fill a bag with unwanted clothes, shoes, books, handbags, DVDs, CDs, bric-a-brac and children's toys to Bag It, Beat It. All donations will help the BHF to fund life-saving heart research.

It is a sad reality that coronary heart disease is the single biggest killer in the UK, causing the deaths of more than 5,930 people in London each year, about 2,370 of whom are women, but with the continued support of the local community the BHF can fight harder to reduce this figure.

For more information and to find your local BHF shop, visit *www.bhf.org.uk/bagit* or, to book a free collection, call 0808 250 0024.

It's a wonderful way to declutter and save lives.

Dame Esther Rantzen
On behalf of the British Heart Foundation

Latest news headlines on Twitter @NrthLondonNews

Perhaps he could clear a few more things up

CYCLE lanes boss and cabinet member for the environment Daniel Anderson has been cleaning up the New River for the sake of a photo opportunity.

Removing and controlling the algae is very necessary – but should it have got to this stage?

This begs several questions.

Why did Mr Anderson not ensure the water was properly treated to prevent the build-up of algae in the first place and ,once it took hold, act sooner?

Secondly, why can't Enfield Council also clean up (or even allow any volunteers) to clear the algae from the model boating pond in Broomfield Park, which it has neglected for the past year or so

Thirdly, if the council has an obligation to keep the New River clean and safe, does it not also have the power to build cycle lanes along its banks, thereby alleviating Green Lanes of this disruptive and unnecessary incursion?

Mr Anderson's often stated claim that Thames Water won't allow it rings hollow.

Paul Mandel
Ulleswater Road,
Southgate



A bridge over troubled water: Councillor Daniel Anderson looks at the algae in the New River

Thank you for taking notice of this idea

I WOULD like to thank Enfield Council for agreeing with me that a community notice board would be a fantastic addition to Hoe Lane open space.

When money is tight, it's good to see that items like this are still considered important for bringing the community together.

Since it was installed I have put up posters that direct people to services available through the council, when there are important local meetings taking place, local crime statistics etc.

The community have also been made aware of local initiatives and campaigns taking place such as the fight against fly-tipping and racial harassment.

It's also brought the opportunity for many people to join our Facebook page for the ward, just search for Turkey Street Ward.

It allows people to raise issues they have and then we can pass those issues on to the councillors or raise them at ward forums. Some of the councillors are on the page as well.

If any local charities have events planned, they can always drop a poster into my house for display, details on the board. It's little things like this that bring us together and keep us informed.

Rick Jewell
Hoe Lane,
Enfield

Children in foster care need adults they can trust as well

EVERY single child needs an adult they can trust, who will be there for them and stay by their side no matter what.

The positive impact that a mentor can have on any young person's life is immeasurable – and yet our research shows just three in 100 children in care in London are getting the independent support they may be entitled to by law.

Every child in care in England has the right to an adult mentor who visits, befriends and advises them, if it is in their interests.

But in reality the support simply isn't available to the vast majority of children in foster care. More than 100 children across London are currently on a waiting list to be matched with an independent visitor.

In boroughs where there is no waiting list, mentoring services may be little known or may not exist at all.

To make sure children get the support they are legally entitled to, Barnardo's and the National Independent Visitor Project are asking government, local authorities and voluntary sector organisations to sign up to our new set of quality standards.

The government says it wants to provide more support for care leavers as they move into adult life.

Ensuring mentors are available for young people who are at risk of dropping out of education, training or employment will go a long way towards achieving this.

Lynn Gradwell
Director
Barnardo's London

YOUR LETTERS: GUIDELINES

Write to **Letters to the Editor, The Advertiser, 187 Baker Street, Enfield, EN1 3JT,** or email them to ***letters.enfield@ nlhnews.co.uk***
Please keep letters below 300 words. You must include your name and full address, though your house number and postcode will NOT be published. Names and addresses will only be withheld from publication in exceptional circumstances. Include a daytime phone number for verification. We reserve the right to edit letters.

Take a stroll at lunchtime

NEW research has revealed that office workers need to do twice as much exercise as other adults to reduce their risk of premature death – and has recommended walking more.

Environmental pressures, such as desk jobs, make healthy choices difficult. However, inactivity is making people unhealthy and unhappy – accounting for one in six deaths in the UK and costing the health service up to £10billion a year. One way or another, we need to introduce more activity into our lives – and walking is an easy way to do this.

We want to create a walking nation. Just a 20-minute walk a day can provide noticeable physical and mental health benefits, reducing the risk of heart disease, diabetes, certain cancers, stroke and depression.

Employers should ensure their staff feel able to go for walks and encourage them to do so. They will be rewarded with a happier and healthier workforce – bringing with it cost savings on sick pay and employees who return from a walk feeling refreshed and motivated.

Tompion Platt
Head of Policy and
Communications Living Streets

Help to bridge the funding gap

ON October 9, thousands of people from all over London will join Diabetes UK's London Bridges challenge, walking 10 miles across 13 bridges in central London – and we are urging people to sign up now.

It's a great way to see the sights in the capital and the money you raise through sponsorship will help us to fund vital research, campaign on key issues and offer education and support to more people living with diabetes.

There are four million people living with diabetes in the UK, a number that is growing rapidly – but the right support at the right time helps people to manage it and live long, healthy lives.

Walking is a great way of keeping healthy which, along with a healthy diet, can help maintain a healthy weight and therefore reduce the risk of Type 2 diabetes as well as helping all those with the condition to manage it.

Sign up at *www.diabetes.org.uk/bridgeschallenge* or call 0345 123 2399.

Claire Lubbock
Diabetes UK Fundraising Manager



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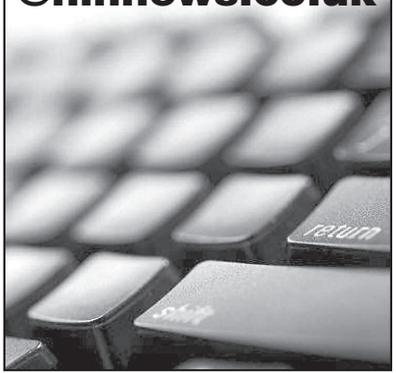
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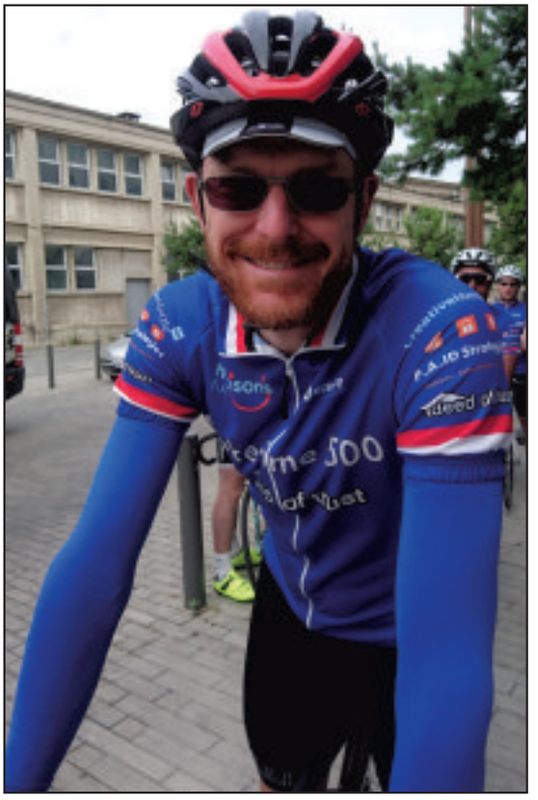
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Simon and friends get on their bikes to raise £11,000





Charity riders: Simon McCartney, right, and his fellow cyclists covered 500 miles in five days on their way from London to Dieppe

By Adrian Colley
newsdesk@nlhnews.co.uk

A FATHER tackled his own mini-Tour de France to raise money for research into a rare and lethal disease.

Simon McCartney, 39, of Brigadier Hill, Enfield, joined 14 pals for the London to Dieppe road trip, via Paris, after being stirred by the plight of the son of one of his friends and deciding to take action.

Nardo Devlin, four, was diagnosed with Duchenne muscular dystrophy in 2014 and Simon joined Nardo's dad, John, and others to raise cash for the Harrison's Fund, which finances research into the condition.

Duchenne's is a rare genetic condition which affects all the muscles in the body, causing them to waste away. The average lifespan of boys with the condition is 20 years.

Father-of-two Simon said of the 500 miles ridden in five days: "The challenge was the furthest any of us had cycled in one go, so we knew it would be tough.

"There were a few injuries and a lot of climbing and hills – with a grand climb total of 19,000 feet – but there were some lovely moments, too, when we were all working together as a group and things went really well.

"We saw some great scenery, reaching the Palace of Versailles at the end of day three when one of our riders caught the celebratory champagne in the eye as we hit the cobbles and toppled off his bike. We were even lucky with the weather, with only a few drops of rain."

The team's initial target was to raise £8,000. They have already smashed that and have reached more than £11,000.

To support the fundraising, visit *https://www.justgiving.com/fundraising/maketime500*

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We would also like to hear from any couples celebrating a golden or diamond wedding anniversary.

If bereaved family members or their friends would like to tell us about a loved one who has died, we may be able to print an obituary.

To have your news considered for this page, call the newsdesk on 020 8364 4040.

Any stories or photographs should be sent to: News Editor, The Advertiser, 187 Baker Street, Enfield, EN1 3JT, or email *newsdesk@nlhnews.co.uk*

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Write one word in each box, using BLOCK CAPITALS and continue on separate sheet if necessary

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double crossword



QUICK CLUES

ACROSS
1. Squeeze (8)
5. Tie (4)
9. Strand (4)
10. Enthusiasm (8)
11. Foolish (5)
12. Rouse (7)
13. Unique (13)
18. Careless (8)
19. Gown (4)
20. Lay by (7)
21. Plank (5)
22. Whirlpool (4)
23. Valuer (8)

DOWN
2. View (7)
3. In vogue (7)
4. Insomnia (13)
6. Unfold (4,3)
7. Swell (7)
8. Chant (6)
13. Rising (7)
14. Commended (7)
15. Last (6)
16. Timid (7)
17. Ban (7)

CRYPTIC CLUES

ACROSS
1. Don't be afraid of everything terrifying (8)
5. A pair of braces? (4)
9. Divide role (4)
10. So returns finally as finest incombustible material (8)
11. Higher in the group, perhaps (5)
12. A rum one to inflame with love! (7)
13. The scale of sanity? (6,7)
18. Padre has links, including converted friend (8)
19. Repair what Malcolm has (4)
20. End of the road that is difficult for obstinate politician (7)
21. Some fine verses? Not at all! (5)
22. The end of the game for a fellow-worker (4)
23. It covers the wound when putting clothes on (8)

DOWN
2. Formerly enough, for instance (7)
3. Withdraw to doctor again? (7)
4. Does he put up colleges for men teachers? (6,7)
6. Our town appears to be old-fashioned (7)
7. Guardedness about nest-egg? (7)
8. Remember about visit (6)
13. Lady takes in current road surface (7)
14. The most parsimonious are sent out (7)
15. Keeping head above water with nothing in a tenement (6)
16. First-class but 1000 deducted for being without purpose (7)
17. Business worry (7)

Last week's solutions

QUICK SOLUTIONS
Across: 1 Sequel; 4 Splint; 9 Idiosyncratic; 10 Dukedom; 11 Barge; 12 Assay; 14 Depot; 18 Rifle; 19 Curtail; 21 Changeability; 22 Exhort; 23 Penned.
Down: 1 Shindy; 2 Quick as a flash; 3 Eased; 5 Parable; 6 Interpolation; 7 Ticket; 8 Gnome; 13 Avenger; 15 Creche; 16 Scrap; 17 Flayed; 20 Raise.

CRYPTIC SOLUTIONS
Across: 1 Encase; 4 Poised; 9 Conversations; 10 Rockstar; 11 Alter; 12 Dogma; 14 Reins; 18 Lists; 19 Impasse; 21 An eye for an eye; 22 Essays; 23 Vestry.
Down: 1 Escort; 2 Consciousness; 3 Spent; 5 Outpace; 6 Short and sweet; 7 Desire; 8 Usury; 13 Mastery; 15 Cleave; 16 Picot; 17 Merely; 20 Plane.

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Making the grades

Students celebrate A-level success

By Priya Kingsley-Adam
priya.kingsley-adam@nlhnews.co.uk

STUDENTS were elated and relieved across the borough as they found out their A-level results last week.

For many Enfield sixth formers the two years of hard work – trying to make the grade to get to university – and countless hours of late nights had finally paid off.

Gianna Giordani, 18, from Enfield County Upper School, in Holly Walk, was delighted to find out that she had secured a place at Cambridge University to study modern languages after achieving As* in psychology and Spanish and an A in French.

"It was stressful during the two years, but it was worth it," she said. "I knew it had to be done, so I'm really happy."

Seventy-six per cent of A-level students in the borough achieved A*-C grades.

Barnet and Southgate College student Tolga Karabetca's driving ambition to move into a career in Formula One motor racing is on the starting grid after his A-level success.

The 19-year-old will be speeding off to Oxford Brookes University to study for a degree in motor sport engineering.

"I've been into racing cars since I was very small," he said. "I found this course when I was researching degrees."

There was equal delight at Highlands School, in Worlds End Lane, Winchmore Hill, as head boy Riaz Jhugroo made the grades to study for a politics degree at King's College London.

He was ecstatic to find out that he had achieved an A* in sociology and As in government politics and history.

The 18-year-old said: "I want to become a politician. It might be a long way away, but that's what I want to do eventually."

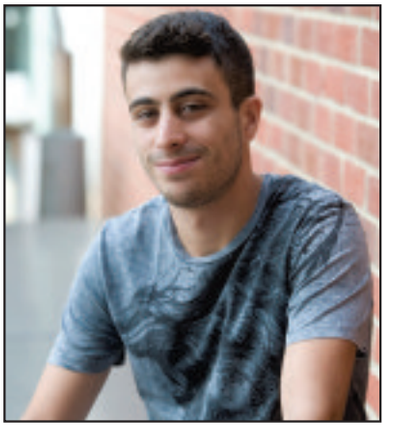
Ayfer Orhan, Enfield Council's cabinet member for education, children's services and protection, said: "Teachers work extremely hard to ensure that all students fulfil their potential for A-levels and other post-16 examinations, all of which will help young people in the next stage of their education.

"Congratulations to all of them."





Off to university: Clockwise, from top left, Gianna Giordani at Enfield County School, Riaz Jhugroo at Highlands School and Tolga Karabetca at Barnet and Southgate College



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Enfield
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Deli dismay as displays are taken off the street

By Julia Gregory
julia.gregory@nlhnews.co.uk


ANNE-MARIE SANDERSON

Worried man: George Spyrou outside the shop in Cockfosters

A FAMILY business will have to cut the range of lines it sells after it was ordered to stop displaying goods outside the shop.

The 33-year-old Cockfosters Delicatessen has been told by Enfield Council it remove displays of fruit and vegetables from the pavement.

It has been served with a fixed penalty notice of £150, reduced to £90 if paid within seven days, and has been warned that the council could come and take their produce away.

Gianna Spyrou, who runs the business with husband George, said she had to ask the landlord to remove the display unit from Station Parade, in Cockfosters Road.

She said the move would cost them thousands of pounds in work and lost trade.

"I think it will have a massive impact," she said. "We will have to reduce our stock. We have four different types of apples, we will have to do one. We have four different types of melons, we will have to do one. It's really frustrating."

She had asked the council to defer action until next year's review of the policy, but was told that was not possible.

The council's cabinet member for environment Daniel Anderson told Mrs Spyrou and her husband: "The only exceptions are for businesses that have their own private forecourts who are at liberty to freely display their goods."

A council spokeswoman said the ruling had been introduced in 2008.

She said: "We treat all businesses in Enfield consistently and fairly in accordance with the existing policy. Any business in breach of the law is asked to remove their goods from the pavement, which is only followed up by enforcement action as a last resort, and any action taken is regardless of the length of time the goods have been on display."

There have been 360 complaints about street trading on shop fronts over the past seven years.

The council has sent 362 warning letters and issued 33 fixed penalty notices. There have been 16 convictions for illegal street trading.

Harold Lautenberg, who lives in Freston Gardens, near the deli, called on the council to rethink its policy.

"Restaurants can have tables and chairs in the middle of the road and they can have licences," he said. "What's the difference. Why can't they give a licence to other businesses?"

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Finally, raise a toast to celebrate a fabulous day of shopping and wedding planning at The Champagne Bar.

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● **Where is the National Wedding Show being held?**

a) London Olympia b) Wembley Stadium c) Royal Albert Hall.

Send your answer, with your name, address and a daytime telephone number, to: Wedding Show Competition, North London & Herts Newspapers, 187 Baker Street, Enfield, EN1 3JT, or send your answer, with contact details, to *competitions@nlhnews.co.uk*, with "*Wedding Show*" in the subject line, by noon on Thursday, September 1.

The NATIONAL WEDDING Show

Children's classic is a family affair



WIN a family ticket to see Tall Stories' The Gruffalo Live! in the West End.

A mouse took a stroll through the deep dark wood...

Join Mouse on a daring adventure through the deep, dark wood in Tall Stories' magical, musical adaptation of the classic picture book by **Julia Donaldson** and **Axel Scheffler**.

While searching for hazelnuts, Mouse meets the cunning Fox, the eccentric old Owl and the party mad Snake. Will the story of the terrifying Gruffalo save Mouse from ending up as dinner for these hungry woodland creatures? After all, there's no such thing as a Gruffalo – is there?

Songs, laughs and scary fun for children aged three and over and their grown-ups in the much-loved show that's toured Britain and the world.

The Gruffalo is playing at the Lyric Theatre, Shaftesbury Avenue, until January 8, 2017. For more information and to book your tickets (from £14.50), call 0330 333 4812 or visit *gruffalolive.com*

Running time is 55 minutes (no interval).

For your chance to be a winner, just answer this question:

● Who created the original book of The Gruffalo?

a) Roald Dahl and Quentin Blake

b) Joan Aiken and Jan Pienkowski

c) Julia Donaldson and Axel Scheffler

Send your answer, with your name, address and a daytime telephone number, to: Gruffalo Competition, North London & Herts Newspapers, 187 Baker Street, Enfield, EN1 3JT, or send your answer, with contact details, to *competitions@nlhnews.co.uk*, with "Gruffalo" in the subject line, by noon on Thursday, September 1.

Terms and Conditions:

- Two winners will receive a family ticket (four tickets, maximum two adults) to see The Gruffalo Live! at the Lyric Theatre, Shaftesbury Avenue, London.
- Valid for the 10am performance on October 1, 2016, subject to availability.
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What's on and what's coming

Changing perceptions and offering solutions

By Russ Lawrence

russ.lawrence@nlhnews.co.uk

MOST people associate mental illness with adulthood, but it also affects large numbers of children and teenagers and a one-day arts festival created by young people sensitively explores the taboo topic.

It Affects Me: I Am Normal at artsdepot, in Finchley, on Sunday is a series of theatre performances, film screenings, art exhibitions, talks and workshops.

Its intended goal is not only to change perceptions and start conversations about the subject, but also, more importantly, to help young people suffering problems with their psychological and emotional well-being realise they are not abnormal.



Taboo topic: The event is a collaboration between Harts Theatre Company and the viral online crusade #ItAffectsMe

Mental ill health among children and teenagers is much more common than many people think.

Worldwide, at least one in ten young people aged five to 16 suffers from mental ill health.

That's about 80,000 young people in the UK and equates to three children in every school classroom currently struggling and self-harming, suffering eating disorders, or anxiety issues, or feeling suicidal.

The festival is a collaboration between Harts Theatre Company, a London-based youth community arts organisation, and the viral online *#ItAffectsMe* crusade created by London actress Laura Darrall, 29, who has suffered a breakdown.

Her campaign encourages those who have been affected by mental health issues to post selfies on social media with Post-it notes on their foreheads. It has reached more than 3.5 million people worldwide.

Young volunteers aged from 15 to 17 from the National Citizens Service have also helped co-design the festival.

It is described as a "one-stop festival on mental health, for anyone who is interested, touched by or affected by issues surrounding mental illness" and notable speakers include BAFTA-winning Life After Suicide TV documentary maker Angela Samata as well as award-winning mental health campaigner, film producer, public speaker, writer and blogger Johnny Benjamin.



"Nothing is better placed to give young people a sense of identity, confidence and self-worth than participation in the arts," said Harts Theatre Company's patron Michael Attenborough.

"And there is no art form better than drama to explore safely the crucial, but largely ignored, area of mental health – a lethally taboo subject that all too often leaves young people with nothing but shame and fear.

"The careful, skilled and knowledgeable work the theatre company undertakes goes right to the heart of the issue and, with immense sensitivity, enables young people to begin to understand and empathise with this key part of what it means to be human."

Where to go and when

FRIDAY
They Are We (part of the Breaking The Chains Film Festival), Bernie Grant Arts Centre, Town Hall Approach Road, Tottenham, 7.30pm.
The story of a remarkable reunion, 170 or so years after a family was driven apart by the ravages of the transatlantic slave trade.
Tickets: £9.39. Box office: 020 8365 5450.

SATURDAY-MONDAY
Foodies Festival, Alexandra Palace Park, Alexandra Palace, Wood Green, 11am.
The festival returns for a bank holiday feast of foodie fun.
Saturday/Sunday/Monday adult ticket: £16/£13 concessions – three-day adult ticket: £25/£18 concessions.
Tickets are on sale now at *www.foodiesfestival.com* or by calling 0844 995 1111.

SUNDAY
Yeo Yat-Soon: Solo Harpsichord, Forty Hall, Forty Hill, Enfield, 2pm.
Join harpsichordist Yeo Yat-Soon for an afternoon of classical music with a celebration of Froberger and France.
Entry: £6 – complementary tea and coffee available.
To book: *www.fortyhallestate.co.uk*/020 8363 8196.

SUNDAY
#ItAffectsMe:IAM Normal wellbeing Festival, artsdepot, Nether Street, Tally Ho Corner, North Finchley, 12noon.
Harts Theatre Company joins forces with the #ItAffectsMe campaign to create an event aimed at giving a voice to young people with mental health problems.
Tickets: £10/under-21s £5. Box office: 020 8369 5454.

SUNDAY & MONDAY
Enfield Food Festival, Forty Hall Farm, Forty Hill, Enfield, 11am-5pm.
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Entry: £5 (adults), £2 (children).

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Trigger happy duo coin it in

WAR DOGS (15, 114 mins)



Guns for hire: Jonah Hill as Efraim Diveroli and Miles Teller as David Packouz
PA Photo/Warner Bros

BASED on an article in *Rolling Stone* magazine and a subsequent book, War Dogs heavily dramatises the true story of two enterprising twentysomethings, who became multi-millionaires as arms dealers to the US military.

Director Todd Phillips, mastermind of The Hangover films, and co-writer Jason Smilovic don't let the truth get in the way of spinning an entertaining yarn.

They embellish the jaw-dropping rags-to-riches narrative with a hare-brained chase through the notorious Triangle of Death to the south of Baghdad and some fizzing one-liners, which are used as chapter headings to bookmark each stage of the journey.

Miles Teller and Jonah Hill, who garnered numerous awards for their eye-catching work in Whiplash and The Wolf Of Wall Street respectively, are an incendiary double act.

They clamber over various obstacles thrown in their characters' paths and brazenly wisecrack in the face of death.

Phillips' film opens with TV news footage from the war in Iraq in 2008.

"I see 17,000 dollars," explains massage therapist David Packouz (Teller). "That's what it costs to outfit an American soldier."

Narrating his own extraordinary story, David introduces us to his wife Iz (Ana de Armas), with whom he hopes to raise a family by selling bed sheets to local care homes.

His get-rich-quick scheme flops and David is reluctant to tell his spouse that the boxes of bedding cluttering up their apartment are not their golden ticket to a brighter future.

At this low ebb, David meets his friend Efraim Diveroli (Hill), who has discovered a website which lists contracts that the US military needs to be fulfilled.

"When life kicked me, I stayed down. But Efraim? He kicked back," gushes David, who agrees to become a partner in this shadowy yet highly lucrative business.

The buddies tender for a massive munitions contract with the help of infamous dealer Henry Girard (Bradley Cooper) and underbid by 53 million dollars. David travels to Albania to fulfil the contract, aided by his driver Bashkim (JB Blanc), who knows whose palms to grease.

When David questions the morality of the business, which he keeps secret from Iz, Efraim immediately hits back.

"This isn't about being pro-war," he counsels David. "It's about being pro-money."

Bolstered by strong performances from the two leads, War Dogs is an engrossing and frequently uproarious comedy of errors.

Phillips and Smilovic's script short-changes the supporting characters. Iz exists solely to prick David's conscience with her fleeting words of wisdom.

However, they do they craft some big laughs such as when the buddies visit a weapons expo in Las Vegas and David pithily describes the event as "Comic-Con with grenades".

War – what is it good for?

It's very good for lining the pockets of the greedy and the enterprising.

Released: August 26
RATING: 6/10

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Advertisement Feature

Last chance to secure the CALA home of your dreams with Part Exchange

Lanes NEW HOMES

With a fantastic location, high quality design and excellent specification, CALA Homes' Balls Park development in Hertford has been ticking all the boxes with local buyers. Set within 63 acres of scenic protected parkland, Balls Park is an exclusive gated development of 30 three and four bedroom luxury homes. Just two, three bedroom homes remain for sale at the development, both available with CALA's popular Part Exchange Service.

Plot 44, The Pavilion, is a stunning terraced house with a south-facing garden, garage with views towards open parkland and is priced at £699,950. It features a large open plan living/dining room, which, leads on to the rear garden and also has a separate kitchen. Upstairs, the large master bedroom includes an en-suite and fitted wardrobe, plus two further bedrooms and a spacious family bathroom.

Plot 48, The Nicholas - an exquisite three-bedroom detached home with garage, priced at £619,950 is also available and includes a spacious living room, kitchen/dining room, plus three bedrooms, one with en-suite, and a family bathroom. It also has its own private landscaped courtyard and garage.

Warren O'Callaghan, sales manager for CALA Homes (North Homes Counties), said: "We're extremely pleased with the success that we've had at our Balls Park development to date. It's easy to see why these homes have been so popular; the development represents a unique opportunity to purchase a family home that is set within 63 acres of protected parkland, yet still has excellent transport links and amenities nearby. It all adds up to an extremely desirable location to live. With just two homes remaining, I would urge anyone interested to come and talk to us soon, to avoid disappointment."

Each of the properties at Balls Park are available with either a Stamp Duty contribution* or CALA Homes' 100% Part Exchange service, which is ideal for those who don't have the time to go through the usual process of a house sale. CALA Homes effectively acts as a cash buyer for your existing home, meaning there are no estate agents fees, home report costs, advertising costs and no chain, thus saving you time, hassle and stress.

Owner Louise Miller bought a three-bedroom home at Balls Park using CALA Homes' 100% Part Exchange Service. She said: "I put my house on the market and it sold within a day, but the buyers pulled out. I put it back on the market and it sold again, but when the second buyers pulled out I was already well into the process of buying my new home at Balls Park.

"CALA stepped in and offered me a very reasonable price under their Part Exchange Service. This saved me really, as I had already put down deposits and chosen my tiles and flooring. After the part exchange was agreed, everything moved very quickly."

Balls Park residents can enjoy the natural beauty that surrounds the county town of Hertford. For commuters, Hertford East railway station is just one mile from the development giving access into London Liverpool Street in 45 minutes and Hertford North is two miles away with services into London Kings Cross St. Pancras in 35 minutes. The M25 is easily reached via the A414 or the A10. For international travel, London Luton and Stansted airports are within a 25 minute drive and Heathrow is just over an hour away.

For families, some of Hertfordshire's most renowned state and private schools are in Hertford itself, including Simon Balle School, Hertford St Andrew CofE School, Abel Smith Primary, Richard Hale School and Haileybury Independent Boarding School and for downsizers Balls Park is a country home like no other.

For further information on the homes available at Balls Park, please call 01992 505053 or visit www.lanesnewhomes.co.uk

What's Hot...

Wellington Road, Bush Hill Park



Guide Price £1,350,000

Magnificent 8 bedroom Victorian property of charm and character backing onto and with views over Bush Hill Park bowling green. Impressive lounge, 3 bathrooms, elegant dining room, wonderful turning staircase, beautifully tended gardens, separate annex and much more.

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Browning Road, EN2



£550,000

Superb late Victorian end of terrace family house close to Hillyfields Country Park. Three bedrooms, through lounge, 14ft kitchen, conservatory, attractive west facing rear garden, storage to side, first floor bathroom. Sole Agents.

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Barrydene Court, Waverley Road, EN2



OIRO £450,000

An extremely desirable ground floor apartment in this most sought after development just off Windmill Hill. Three double bedrooms, superb lounge, modern fitted kitchen, surrounded by pleasant and secluded communal gardens, long lease and much more. Sole Agents.

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Uplands Park Road, EN2
£425,000

Bright, spacious and modernised throughout, a first floor maisonette with share of freehold situated just off Enfield Ridgeway easy access of local shops and Enfield Chase rail station. Two double bedrooms, large lounge, luxury bathroom, modern fitted kitchen, south facing rear garden. Sole Agents. EPC: C





Delhi Rd, EN1 **£600,000**

A delightful extended 1930s built semi detached family house close to Bush Hill Park rail station, local shops and good schools. Three good sized bedrooms, luxury bathroom, 28ft through lounge, 18ft kitchen/diner, garage. Sole Agents. EPC:E



Holtwhite Avenue, EN2 **OIRO £600,000**

Beautifully appointed, particularly spacious (three double bedroom) late Victorian house just off Chase Side. Many original features, bonus loft room, large lounge, good sized dining room, superb 24ft kitchen/breakfast room, 90ft garden and much more. Sole Agents. EPC : D







Aragon Close, EN2 **£799,995**

Substantial modern and attractive detached five bedroom, three bathroom family house in an excellent location just off The Ridgeway. Spacious lounge, good-sized dining room, kitchen/breakfast room, cloakroom,/w.c., walled garden, garage and parking, excellent value. Sole Agents. EPC: D



Brantwood Gardens, EN2
£775,000

Substantial and attractive four bedroom semi-detached family house in a quiet tree-lined turning a short walk of Oakwood underground station and Trent Park. Spacious through lounge, large kitchen/diner, modern bathroom, 80' garden, off-street parking, garage. Sole Agents. EPC: D



Forty Hill, EN2 **OIRO £1,000,000**

Situated in the picturesque conservation are of Forty Hill, a beautiful detached house of charm and character originally buit in 1791 but with substantial additions to provide a generous family home. Three reception rooms, large kitchen/diner, stunning gardens and outbuildings, garage own drive and much more. EPC : D



Burnt Farm Ride, EN2
£849,995

A stunning character residence situated on a wide, mature plot in a secluded position surrounded by Green Belt countryside yet just a short walk of Crews Hill rail station. Carefully remodelled and fitted to a high standard whilst retaining much of its original charm, if offers flexible accommodation with three first floor bedrooms, three/four reception rooms, double garage, and more. EPC: F



Graeme Road, EN1 **OIEO £350,000**

Superb first floor conversion close to local shops and Enfield Town multiple shopping centre. Two double bedrooms, modern fitted kitchen, spacious lounge, bathroom. Sole Agents. EPC: E







Grafton Road, EN2 **£675,000**

Beautifully appointed semi detached three bedroom house extended to the ground floor to provide an extremely spacious kitchen/diner, extra dining room, downstairs cloakroom/wc, off street parking, south facing garden, Highlands catchment area. Sole Agents. EPC:D



Gordon Hill, EN2
OIRO £600,000

Spacious attractive Victorian house in this sought after turning just off Chase Side. Three good sized bedrooms, spacious lounge, elegant dining room, kitchen/breakfast room, 125ft rear garden, off street parking, no chain. Sole Agents. EPC: E





Goat Lane, EN1 **£387,500**

A unique semi detached 2 bedroom character cottage short walk of Forty Hall and good access of Enfield Town. Superb lounge, kitchen/breakfast room, utility room, Victorian style bathroom, delightful garden, garage. Sole Agents. EPC : E

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St. Andrews Road, EN1 **OIRO £450,000**

Occupying the entire first floor of this elegant Edwardian character residence on a large corner plot. Two double bedrooms, extremely spacious lounge, own loft space, modern fitted kitchen and bathroom, detached garage/studio and garden space, stones through of Enfield Town rail station and Enfield Town multiple shopping centre, character features. Sole Agents. EPC : E





Halstead Road, EN2
OIEO £525,000

Delightful well appointed three bedroom end-of-terrace family house in a popular location close to Enfield Town multiple shopping centre. Spacious through lounge, modern fitted kitchen, four bedrooms, family bathroom, attractive rear garden, side access. EPC: D





Seaford Road, EN1 **£575,000**

Beautifully appointed late Victorian four bedroom character house in a quiet convenient location within a short walking distance of Enfield Town. Spacious lounge, attractive dining room, large fitted kitchen, en-suite to master bedroom, modern family bathroom. All well presented. South facing garden. Sole Agents. EPC:D



Priory Close, N14 **£275,000**

Requiring some modernisation we offer this spacious first floor purpose built flat. Good sized lounge with balcony, large kitchen, double bedroom, long lease, no chain. Sole Agents. EPC: D





Private Road, EN1 **OIEO £800,000**

Magnificent three double bedroom Penthouse apartment in one of Enfield's most sought after private tree-lined turnings. Two bathrooms, 25' x 21' lounge, large kitchen/breakfast room, gas central heating, double glazing, superb roof terraces with stunning views, double garage and parking. Share of Freehold. No Chain. Sole Agent. EPC: E



Kynaston Road, EN2
£560,000

Beautifully spacious and well presented house of charm and character just off Lancaster Road. 24' lounge, 20' kitchen/diner, downstairs cloakroom/w.c., first floor bathroom, three good-sized bedrooms, 55' west facing rear garden. All well presented. Sole Agents. EPC: D







Browning Road, EN2 **£550,000**

Superb late Victorian end of terrace family house close to Hillyfields Country Park. Three bedrooms, through lounge, 14ft kitchen, conservatory, attractive west facing rear garden, storage to side, first floor bathroom. Sole Agents. EPC: E



Gresham Close, EN2
£575,000

Individually designed four double bedrooms Victorian house which has been extended to the second floor. Large lounge, kitchen/diner, cloakroom/w.c., delightful gardens, close to all amenities. Must be viewed to be fully appreciated. Sole Agents. EPC:E



Fairview Road, EN2
£800,000

Individually designed bright and spacious double fronted detached house in a cul-de-sac just off The Ridgeway, Four reception rooms, three double bedrooms, two bathrooms, cloakroom/wc, off street parking for several cars, wide rear garden, no chain. Sole Agents. EPC D



Crofton Way, EN2 **£345,000**

Ground floor two bedroom purpose built flat with direct access onto south facing communal gardens from lounge. Two bedrooms, modern kitchen and bathroom, gas central heating, UPVC double glazing, own garage and much more. New Lease. Sole Agents. EPC:



The Ridgeway, EN2 **£425,000**

Delightful three bedroom Victorian cottage in a most sought after location with superb views over Green Belt. Lounge, dining room, fitted kitchen, ground floor bathroom, west facing garden with beatiful views, double glazing. Sole Agents. EPC:D



Raleigh Road, EN2 **£550,000**

A beautiful semi detached mid Victorian cottage in a delightful conservation area adjacent to Enfield Town multiple shopping centre and Enfield Town park. Two double bedrooms, spacious lounge, good sized dining room, large kitchen, 80ft rear garden, no chain, must be viewed. EPC: D



Postern Green, EN2 **£785,000**

Immaculate 4 bedroom detached house in private cul-de-sac. Dining Room, modern fitted kitchen, spacious lounge, downstairs cloakroom, en-suite to master plus family bathroom, off street parking, landscaped rear garden, contemporary garden lodge. EPC: C

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SPRINGBANK
£429,500

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POSTERN GREEN
£785,000

A four bedroom detached house benefitting from off street parking, ground floor cloakroom, landscape rear garden and en-suite to master bedroom. EPC Band C.



GRESHAM CLOSE
£589,950

Arranged over three floors, this four bedroom mid terrace house situated conveniently for Enfield Chase rail station and Enfield Towns multiple shopping facilities. EPC Band E.



WILLOW ROAD £524,995

A three bedroom 1930's semi detached house situated conveniently for Enfield Town rail station and multiple shopping facilities. Benefits include off street parking, through lounge, West facing rear garden and has the added incentive of being offered with no onward chain. EPC Band E.



YORK HOUSE OIEO £310,000

Lanes are delighted to offer this two bedroom first floor flat situated conveniently for Lancaster Road stores and transport links. The property benefits from double glazing, security entry system, gas central heating and has the added incentive of being offered with no onward chain. EPC Band D.



PEMBERTON COURT OIEO £350,000

Lanes are delighted to offer this well presented two bedroom top floor flat situated conveniently for Enfield Town rail station and multiple shopping facilities. The property benefits from allocated parking, Juliet balcony, en-suite to master bedroom, gas central heating, 100 plus year lease and modern kitchen. EPC Band B.



MANORWAY £849,950

A three/four bedroom semi detached chalet bungalow situated in the heart of Bush Hill Park. The property has many benefits, some to include carriage driveway providing off-street parking, garage, study/gym, pool house with swimming pool, alarm system, through lounge, garage and ground floor family bathroom. EPC Band F.

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BROOKFIELD GARDENS - EN8 £349,995

This three bedroom mid terrace property currently arranged as a two bedroom is in need of some modernisation but benefits from off street parking, gas central heating, rear vehicle access, first floor bathroom and a lounge/diner. Offered chain free.



BULLSMOOR LANE - EN3 £500,000

Lanes are pleased to present this three bedroom halls adjoining semi detached family home with benefits to include a ground floor cloakroom, two receptions rooms, conservatory and off street parking.



BERESFORD HOUSE - EN7 £2,750,000

Lanes are pleased to present this five bedroom home situated in Halstead Hill. The property was built by the current owners to a high standard. Features to Beresford House include detached triple garage with a beautiful indoor swimming pool complex.



MONTAYNE ROAD - EN8 Guide Price £375,000

A three bedroom semi detached property situated on one of the most popular roads in Cheshunt. The property benefits from a garage via shared drive with additional parking space and a first floor bathroom.



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ROWANTREE ROAD **£310,000**

A one bedroom upper ground floor flat with its own balcony. Modern fittings, gas central heating, double glazing, 115 year lease. Lovely Victorian building and one of Enfields finest roads.



THE RIDGEWAY **£279,950**

One of the larger flats in this development being offered for sale on a chain free basis. Situated on The Ridgeway, the flat has been very well maintained and improved by the current owners. Benefits include a 19' dual aspect lounge, modern bathroom and modern kitchen plus residents parking



WEST ENFIELD **£399,950**

Offers are invited on this three bedroom terraced house situated within walking distance to Gordon Hill British Rail. The property requires some decoration but is double glazed, gas central heated and also benefits from a downstairs cloakroom



LADYSMITH ROAD **£485,000**

A 4 Bedroom house which has been extended to the rear and in the loft. The top floor has a master bedroom with en suite. 100 foot garden, double glazing, gas central heating, some updating is required which is reflected in a sensible asking price.





CROFTON WAY **£299,950**

A bright and spacious first floor 1 bedroom flat. The property has modern fittings, quality wooden floors, recenly fitted double glazing, gas central heating, garage and a 150 year lease





ENFIELD EN2 **o.i.e £515,000**

A deceptively spacious immaculate 3 bedroom semi detached house that has been very much improved by the current owners. Within walking distance to Enfield Chase BR and all local shops and amenities. The house has many benefits including a detached garage, double glazing and gas central heating. Abbotts Crescent.



GRESHAM CLOSE **£589,950**

4 bedroom late Victorian house, spacious through lounge, utility room, very large bathroom, ideally located for Enfield Town shopping and Enfield Chase station into the city.

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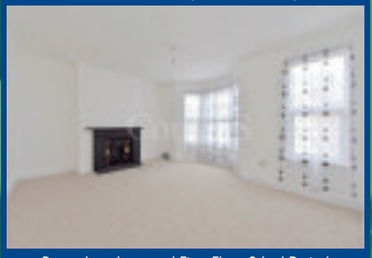
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SHERRINGHAM AVENUE, N17 £1,600 PCM



Admin Fee £100/Per Tenant
Well maintained 3 bed and 2 receptions terraced house with garden, situated within a short walk from Tottenham Hale Tube station. Benefits from gas c.h., double glazed windows, fitted kitchen, f.f. bath. AVAILABLE END OF SEPT/2016 - FURNISHED

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PA PHOTO/ MERCEDES-BENZ

By Matt Joy

THIS is Mercedes' newest addition to its SUV line-up and its second attempt at a coupe SUV. Sitting below the GLE Coupe in the range, the GLC Coupe is essentially a GLC with a sleeker, sportier body atop the SUV chassis.

But to dismiss this as a GLC for the fashion conscious is to undersell this car somewhat because the Coupe is also bestowed with more direct steering and a sportier suspension set-up that aims, in Mercedes' words, to make this "the sports car among the mid-size SUVs".

Under the bonnet you'll find one of Mercedes' now-ageing 2.1-litre diesel engines, but these will eventually be joined by a 3.0-litre V6 diesel, a twin-turbo V6 petrol and a plug-in hybrid. Sadly, though, the latter won't be with us until 2018.

For all Mercedes' claims of dynamism, it's difficult to get around the wanton stylishness of the GLC Coupe. The standard C-Class Coupe is a gorgeous machine, and there's more than a hint of that sleek aesthetic about the GLC.

Somehow, though, it doesn't sit all that well on the raised GLC chassis. It's a muscular image, but there's a little too much metalwork on the sides and the bumpers are a mite too deep to call it truly beautiful.

Yet as soon as you sit inside it, you know you're in something a little bit more special than your common or garden SUV. The cabin is stock C-Class, but there's nothing wrong with that. Even though the materials and build quality aren't up to the standards set by Audi and BMW, there's a sense of style and occasion that little else in this price range can match.

The cost of all the GLC Coupe's stylishness, though, is practicality. There's plenty of room in the front, and access to the rear seats is good thanks to the sensibly sized back doors, but taller rear-seat passengers will find that headroom is at a premium.

The GLC Coupe's key strength lies on the road. Sports suspension, which is optional on the normal GLC, comes as standard on the Coupe, while the track has been widened and the coupe body has lowered the centre of gravity.

As a result, the GLC Coupe's road manners are very solid, especially considering the kerb weight of 1.8 tonnes. It isn't what you'd call sporty and it probably couldn't even keep pace with the Porsche Macan, but it's a match for the likes of the BMW X4 and Range Rover Evoque.

It isn't just the handling that impresses, either. Even with its sporting pretensions, the GLC Coupe offers a smooth, comfortable ride and, despite the ageing engines, it's still quite refined. That's helped by the excellent nine-speed automatic gearbox, though, which does a great job of keeping the revs down and shifts seamlessly between ratios.

Prices start from £40,580, which buys you the 220d Sport model. That's £3,000 more expensive than the equivalent GLC SUV, but there isn't a lot of extra kit. In fact, apart from the suspension, steering and the bodywork, it's absolutely identical to the SUV.

Upgrading to the £42,090 AMG Line, though, will earn you full Artico man-made leather, black headlining and myriad aesthetic tweaks both inside and out.

At present, the price structure is relatively flat thanks to the limited engine range, but once the V6 diesel-powered 350d arrives at the end of the year the prices will likely reach up towards the £50,000 mark.

Facts at a glance

- **Model: Mercedes-Benz GLC Coupe 250d 4MATIC AMG Line**
- **Engine: 2.1-litre four-cylinder turbocharged diesel producing 201bhp and 369lb/ft**
- **Transmission: Nine-speed automatic driving all four wheels**
- **Performance: Top speed 138mph, 0-62mph in 7.6 seconds**
- **Economy: 56.5mpg combined**
- **Emissions: 143g/km**



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MAUREEN, discreet sensual lady, 42yrs seeks daytime fun at her home. ACA. **Tel No: 0906 500 6360 Box 405297**

JANE, young 41, very broadminded seeks chap any age for discreet no strings fun, any are, no time wasters. **Tel No: 0906 500 6360 Box 409715**

SUE, 38yrs, passionate, broadminded and feisty seeks discreet fun with "Mr Wrong". **Tel No: 0906 500 6360 Box 413007**

JESS 24yr old bubbly single mum looking for caring genuine male to spend quality times in or out, looks unimportant but kind heart essential. **Tel No: 0906 500 6360 Box No: 412317**

KATIE 26yr old pretty slim blue eyed blonde looking for evening entertainment with open-minded discreet guy, any age. **Tel No: 0906 500 6360 Box No: 412319**

CLARE 36yrs successful single mum, independent, employed with OHAC, size 10, green eyes, pretty, likes swimming, family life, seeking male with similar values and interests. **Tel No: 0906 500 6360 Box No: 412053**

KAREN an attractive blue eyed redhead, curvy size 16, likes films, football, pubs, reading, seeking likeminded male for nights in/out, hopefully more. **Tel No: 0906 500 6360 Box No: 412057**

GILLY, voluptuous well groomed lady, seeks man to massage and pamper. **Tel No: 0906 500 6360 Box 412933**

ANN, young looking 40yrs seeks broadminded man of any age/location for no strings discreet times, games and more. **Tel No: 0906 500 6360 Box412369**

SAM, 35yrs, own business, sexy, loves dressing up and married, seeks discreet man for casual meetings. Can travel anywhere. ACA. **Tel No: 0906 500 6360 Box 408297**

ANNA, busty mature lady seeks no strings discreet meetings with male any age or location. **Tel No: 0906 500 6360 Box 366019**

SARAH, married lady seeks discreet no strings fun with gent. ACA. **Tel No: 0906 500 6360 Box 408291**

NINA, black beauty, looking for discreet adult times with man any age. **Tel: 0906 500 6360 Box 409901**

CHRISTINA, curvy beauty, 27yrs, own home, very very adventurous seeks no strings fun and frolics. **Tel No: 0906 500 6360 Box 410127**

SUSIE, married, adventurous/dominant lady, 38yrs, seeks discreet man any age/area for no strings fun. **Tel: 0906 500 6360 Box 412285**

SALLY, sensual slim blonde seeks no strings discreet man 35+ for daytime meetings. **Tel No: 0906 500 6360 Box 402233**

SOPHIA young 40yrs, married but bored, seeks discreet adult fun, any area, all calls answered. **Tel No: 0906 500 6360 Box 413399**

ADVENTUROUS sexy lady, 38yrs, married but seeks no strings fun with discreet man, any age. I'm tall, slim and dominant. ACA. **Tel No: 0906 500 6360 Box 415301**

ANNE, mid 40's, cheerful busty curvy affectionate real woman! Seeks gent, any age or looks for nights at mine. **Tel No: 0906 500 6360 Box 410291**

DISCREET lady, 42yrs wants to make you happy, come to me and let me do that for you. ACA. **Tel No: 0906 500 6360 Box 409901**

TARA, confident lady, long legs, long hair, seeks a saucy man of any age for daytime, no strings fun. **Tel No: 0906 515 0000 Box 414701**

AMANDA, 36, tall, slim, busty brunette seeks man, any age, any area, for discreet daytime fun. **Tel No: 0906 500 6360 Box 418117**

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Women seeking men

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OUTGOING blonde, 29, big blue eyes, great personality, fun to be with, WLTM intelligent mature male for a loving relationship. **Tel No: 0906 500 3662 Box No: 423475**

SOPHIA young 40yrs, married but bored, seeks discreet adult fun, any area, all calls answered. **Tel: 0906 515 3019 Box: 413399**

ANNA, 37, Chatty blonde, fun to be around, looking for fun confident guy to enjoy time with. **Tel No: 0906 500 3662 Box No: 423441**

EMILY, mature well educated lady, blonde and smart and broadminded seeks gent any age for no strings fun. ACA. **Tel: 0906 515 3023 Box 421375**

HI I'm Pam, slim, blonde, green eyes, discreet, loves cuddles, seeking similar discreet tactile male for mutual friendship with benefits. **Tel No: 0906 500 3662 Box No: 378499**

PIPPA, 42yrs, seeks some fun times, chats, nights in and out. Can travel and accommodate. ACA. **Text Only Box 4071509**

ATTRACTIVE lady, rare black diamond, early 50s, seeks an attractive gent for real love and shared interests, looking for that someone special. **Tel No: 0906 500 3662 Box No: 421367**

JANE, young 41, very broadminded seeks chap any age for discreet no strings fun, any age, no time wasters ACA. **Tel: No: 0906 515 3011 Box: 409715**

VALERIE, curvy young looking widow loves dancing, nights out, but would prefer cosy nights in with that special male. **Tel No: 0906 500 3662 Box No: 423491**

KERRY, 35yrs, married in open relationship, attractive, tall, slim and very presentable. Seeks discreet gent any age for casual pleasurable encounters. **Tel: 0906 515 3043 Box 422363**

LOOKING for you, attractive gentleman, black attractive female, I love cooking, walking in the countryside and lazy Sunday mornings, just me and you, making me smile and laugh again, so why not give me a call? Bye for now! **Tel No: 0906 500 3662 Box No: 423541**

KATIE 35yrs, slender well educated brunette seeks no strings mutual pleasure with gent 40+ Must be discreet, married or single. ACA. **Tel: 0906 515 3003 Box 419673**

ATTRACTIVE, professional, sporty Christian lady, early 70s, young at heart, many interests, WLTM honest, caring, professional preferably, very presentable male for outings, companionship and friendship. **Tel No: 0906 500 3662 Box No: 423531**

KIM, 32yrs, attractive blonde lady seeks discreet gent for daytime distractions. ACA. **Tel: 0906 515 3007 Box 421657**

FEMALE 50s, likes music, holidays, pubs, seeks caring, similar male, for happy LTR. **Tel No: 0906 500 3662 Box No: 392796**

ATTRACTIVE lady, 60s, nice personality, GSOH, from Hornchurch, likes eating out, socialising, boot sales, WLTM someone nice, 62-72, for friendship and more. **Tel No: 0906 500 3662 Box No: 422791**

YOUNG looking blonde lady, 55, size 12, likes the good things in life, football, holidays abroad, theatre, pubs, shopping, sport, WLTM somebody between 50-55. East London area. **Tel No: 0906 500 3662 Box No: 422585**

JILL, 53, blue eyed blonde, sporty, devoted footie fan, seeks tall, active guy who's not too shy to try something a bit different. **Tel No: 0906 500 3662 Box No: 422715**

LORRAINE, attractive solvent brunette, 34yrs, own house/car wltm gent any age, looks unimportant but must have GSOH. ACA. **Tel: 0906 515 3031 Box 422415**

DEBBIE dark haired passionate classy, discreet female looking for professional intelligent male wanting mutual companionship. Can accommodate. **Tel No: 0906 500 3662 Box No: 380441**

JAYNE, single mum, 32yrs, doesn't get out much so wants some male friends for friendly chats, maybe meet up. Naughty but nice calls! **Text Only Box 4162816**

SINGLE lady, 65, blonde, quiet nature, likes the outdoors, picnics, jiving, WLTM single gentleman for companionship and possible romance. **Tel No: 0906 500 3662 Box No: 423411**

KIM, 50, lovely kind, 5ft 6, brown eyes, dark curly hair, curvy figure seeks nice genuine guy for LTR, same age as me. **Text only Mailbox: 5512493**

TAMLA, naughty but nice, curvy kitten! I am 46yrs and love to have some fun. Dates/Chats, something different. Pls call me. **Text Only Box: 4185035**

ALISON 35, stunning, busty and fun, looking for someone outgoing and broadminded who would like to share lazy lunches, good times and more. **Tel No: 0906 500 3662 Box No: 423257**

DENISE 40, stunning slim brunette, great company, loves going out, looking to share intimate moments with that special someone. Looks unimportant. **Tel No: 0906 500 3662 Box No: 423239**

WIDOW, 70s, brown hair and eyes, likes walking, pub lunches, places of interest, good company and lots more, seeking a kind genuine male, a n/s, 70-80. **Tel No: 0906 500 3662 Box No: 423359**

GENUINE lady, 67, slim, GSOH, caring, honest, active, likes most things in life, days out, countryside, animals, long walks, visiting interesting places, cooking and holidays, WLTM a caring, honest male with GSOH, 67-73, with similar interests. **Tel No: 0906 500 3662 Box No: 423289**

TRACY 44, outgoing bubbly brunette, likes to keep fit seeks outgoing, sporty male who knows how to enjoy life too. **Tel No: 0906 500 3662 Box No: 423303**

BLACK female, 45, looking for LTR, works for NHS, goes to church on a semi-regular basis, n/s, looking for someone who wants a serious relationship, 45+, n/s, and who likes socialising, the theatre and cinema. **Tel No: 0906 500 3662 Box No: 420535**

JENNY 38, petite, bubbly blue eyed babe, always on the go, WLTM unattached fun male to see what the future brings. **Tel No: 0906 500 3662 Box No: 423091**



KATIE, 39yrs, loves dressing up, role play, fun etc. Hoping to meet like minded chap any age but must be understanding. **Text Only Box: 4085012**

KERRY 39, independent curvy brunette, sensual, tactile, loves cuddles and kisses, seeks cheeky, spontaneous guy to keep her company and make her smile again. **Tel No: 0906 500 3662 Box No: 423059**

50YRS, old attractive lady. Sheila, caring honest, seeks discreet gent. ACA. **Tel No: 0906 500 3662 Box No: 422469**

KATHY 40ish, passionate, outgoing, adventurous red haired lady looking for adventure, seeks tall good looking guy for a relaxed no strings relationship. **Tel No: 0906 500 3662 Box No: 423005**

Men seeking women

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RETIRED, slim Jamaican male, 68, n/s, likes walking, cinema, theatre, holidays, seeks slim to medium build West Indian lady, 65-68, n/s, for friendship/maybe more. **Tel No: 0906 500 3662 Box No: 423533**

BRIAN, professional man, lonely, kind and generous WLTM friendly lady of any age to wine/dine and love. **Text Only Box 4088926**

MALE 61, medium build, 5ft 9ins, blue eyes, seeks white female, 40 plus, loyal, for LTR. **Tel No: 0906 500 3662 Box No: 418139**

INTERESTED? I live in Waltham Abbey, Essex, nice guy, genuine, homely, caring, likes music, country pubs, eating in and out, looking for a female who is genuine, if you're out there call me back! **Tel No: 0906 500 3662 Box No: 423545**

CHRIS, 50s, looking for some fun with a likeminded female, age unimportant. **Tel No: 0906 500 3662 Box No: 423381**

WILLIAM, 65, easy going, n/s, likes days out, looking to meet someone for fun and friendship, hope to hear from somebody and we can have a chat. **Tel No: 0906 500 3662 Box No: 423327**

MALE, 48, London born, quite handsome and easygoing, based in Enfield, seeks lady for companionship, adult fun, holidays, restaurants and cosy nights in. **Tel No: 0906 500 3662 Box No: 423221**

GENTLE, caring, retired professional, likes bridge, travel, holidays, cinema, dancing, meals out, looking for a companion/company of a very good woman. **Tel No: 0906 500 3662 Box No: 423211**

GARY, 53, caring, likes snooker, bowls, looking for a nice woman to meet and fall in love with. **Tel No: 0906 500 3662 Box No: 423145**

BRIAN, 49 year old single dad, hard working, loyal, very loving, looking for LTR with a slim woman around 45 years, if you like the sound of me please leave me a message and I'll get back to you, ACA. **Tel No: 0906 500 3662 Box No: 423387**

MALE, 5ft7, well built, ex air force/police force, likes cooking, cruising, holidays and all the general things of life, seeking a long term steady relationship. **Tel No: 0906 500 3662 Box No: 423345**

MALE, 62, would like to meet older woman who is broadminded & wants to be made to feel very special. **Text only Mailbox: 4411738**

ANDREW, 50, slim to medium build, lives in Ashford/Kent area, WLTM a women, 40-70, for discreet fun, would be great to hear from you so get back to find out more! **Tel No: 0906 500 3662 Box No: 423271**

MALE 40s, medium-build, genuine, working, driver, looking for a long-term relationship with a medium-build lady between 35-46. All replies answered. **Tel No: 0906 500 3662 Box No: 419675**

CHRIS, 44, white male, vegetarian, n/s, non-drinker, likes films, music and theatre, looking to meet a similar lady, 38-44, in Dagenham or surrounding areas. **Tel No: 0906 500 3662 Box No: 423269**

GENTLEMAN, smart, well dressed, substantial, tall, retired, widowed, WLTM a nice lady, lives in Essex near Brentwood. **Tel No: 0906 500 3662 Box No: 423245**

Friends

REMEMBER: Calls cost £1.55 per minute plus your phone company's access charge. Texts cost £1.50 per message received.

SYLVIA, 60s, looking for lady interested in days out, English holidays, meeting socially for tea/lunch or just chatting. **Text only to Mailbox no: 4748240**

BLACK female, 51, kind of shy, likes music, cinema etc, wishes to meet male of similar age for friendship. **Tel No: 0906 500 3662 Box No: 420897**

STRAIGHT female, 50s, seeks genuine other female/females, for low key weekly meet ups, coffee, lunch etc. Enfield area. **Tel No: 0906 500 3662 Box No: 422463**

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Women seeking men

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KATIE 35yrs, slender well educated brunette seeks no strings mutual pleasure with gent 40+ Must be discreet, married or single. ACA. **Tel: 0906 515 3003 Box 419673**

ATTRACTIVE, professional, sporty Christian lady, early 70s, young at heart, many interests, WLTM honest, caring, professional preferably, very presentable male for outings, companionship and friendship. **Tel No: 0906 500 3662 Box No: 423531**

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OUTGOING blonde, 29, big blue eyes, great personality, fun to be with, WLTM intelligent mature male for a loving relationship. **Tel No: 0906 500 3662 Box No: 423475**

SOPHIA young 40yrs, married but bored, seeks discreet adult fun, any area, all calls answered. **Tel: 0906 515 3019 Box: 413399**

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VALERIE, curvy young looking widow loves dancing, nights out, but would prefer cosy nights in with that special male. **Tel No: 0906 500 3662 Box No: 423491**

KERRY, 35yrs, married in open relationship, attractive, tall, slim and very presentable. Seeks discreet gent any age for casual pleasurable encounters. **Tel: 0906 515 3043 Box 422363**

I am a white caring lady, a young 55, seeking a caring black man for meals out, pubs, walking out, or just cosy nights in. **Text only Mailbox: 5518879**

ALISON 35, stunning, busty and fun, looking for someone outgoing and broadminded who would like to share lazy lunches, good times and more. **Tel No: 0906 500 3662 Box No: 423257**

PIPPA, 42yrs, seeks some fun times, chats, nights in and out. Can travel and accommodate. ACA. **Text Only Box 4071509**

TRACY 44, outgoing bubbly brunette, likes to keep fit seeks outgoing, sporty male who knows how to enjoy life too. **Tel No: 0906 500 3662 Box No: 423303**

KIM, 50, lovely kind, 5ft 6, brown eyes, dark curly hair, curvy figure seeks nice genuine guy for LTR, same age as me. **Text only Mailbox: 5512493**

WIDOW, 70s, brown hair and eyes, likes walking, pub lunches, places of interest, good company and lots more, seeking a kind genuine male, a n/s, 70-80. **Tel No: 0906 500 3662 Box No: 423359**

GENUINE lady, 67, slim, GSOH, caring, honest, active, likes most things in life, days out, countryside, animals, long walks, visiting interesting places, cooking and holidays, WLTM a caring, honest male with GSOH, 67-73, with similar interests. **Tel No: 0906 500 3662 Box No: 423289**



JILL, 53, blue eyed blonde, sporty, devoted footie fan, seeks tall, active guy who's not too shy to try something a bit different. **Tel No: 0906 500 3662 Box No: 422715**

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ATTRACTIVE lady, 60s, nice personality, GSOH, from Hornchurch, likes eating out, socialising, boot sales, WLTM someone nice, 62-72, for friendship and more. **Tel No: 0906 500 3662 Box No: 422791**

BLACK female, 45, looking for LTR, works for NHS, goes to church on a semi-regular basis, n/s, looking for someone who wants a serious relationship, 45+, n/s, and who likes socialising, the theatre and cinema. **Tel No: 0906 500 3662 Box No: 420535**

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50YRS, old attractive lady. Sheila, caring honest, seeks discreet gent. ACA. **Tel No: 0906 500 3662 Box No: 422469**

KATHY 40ish, passionate, outgoing, adventurous red haired lady looking for adventure, seeks tall good looking guy for a relaxed no strings relationship. **Tel No: 0906 500 3662 Box No: 423005**

ANNA 43, sensual blue-eyed blonde, slim and vivacious, loves to wine and dine seeks tall, dark male for good conversation, fun and romance. **Tel No: 0906 500 3662 Box No: 422713**

YOUNG looking blonde lady, 55, size 12, likes the good things in life, football, holidays abroad, theatre, pubs, shopping, sport, WLTM somebody between 50-55. East London area. **Tel No: 0906 500 3662 Box No: 422585**

LIZ, 45, attractive blonde blue eyed female with no children/ties, loves country living, animals, seeks male companion for holidays, cosy nights and more. **Tel No: 0906 500 3662 Box No: 422243**

TRACY 31, slim, attractive brunette, loyal and loving, loves water sports seeks kind, caring, fun loving man to love and look after. Looks unimportant. **Tel No: 0906 500 3662 Box No: 422817**

BLACK professional female seeks professional/tall Lebanese or Egyptian or Indian (must be fair skinned man)... for marriage. **Text only Mailbox: 5373562**

SEEKING a genuine, attractive male, 50s, a black attractive female, a real diamond, with lots of interests awaits you. Let's enjoy the summer together. **Tel No: 0906 500 3662 Box No: 422797**

GENUINE, GSH, attractive, outgoing professional female, 55. Enjoys keeping fit, socialising and travel, WLTM similar male for relationship. **Text only Mailbox: 5453851**

SOPHIA, 36, beautiful, slim, sophisticated, loves living life to the full, enjoys many interests, seeks generous businessman who would appreciate a sensual woman. **Tel No: 0906 500 3662 Box No: 422053**

CLAIRE 30, tall and curvy, long/dark, curly hair, likes to keep fit, seeks genuine male to share fun, friendship, maybe more. **Tel No: 0906 500 3662 Box No: 422543**

ELAINE 51, petite, naturally sexy, very feminine, seeks calm male to share a loving 1-2-1 relationship with. **Tel No: 0906 500 3662 Box No: 422489**

PAT, petite blonde lady, GSOH, young looking for her age, seeks genuine gent any age with GSOH. **Tel No: 0906 500 3662 Box No: 422393**

RITA, , seeks a genuine male for friendship, days out, shes very friendly, genuine and social, give her a call ACA. **Tel No: 0906 500 3662 Box No: 422403**

ATTRACTIVE lady, 60s, from Hornchurch, likes eating out, socialising, places of interest, many things, looking for a nice gentleman, 62-72, for friendship and more. **Tel No: 0906 500 3662 Box No: 422197**

TERESA 39, petite, cuddly and bubbly seeks kind older male to travel, have fun, and take care of, pamper and flirt with. **Tel No: 0906 500 3662 Box No: 422457**

DEBBIE 48, crazy sense of humour, loves countryside, seeks similar nutty guy for uncomplicated fun times. **Tel No: 0906 500 3662 Box No: 422441**

ALEX 35, very attractive, slim, blonde, caring sensitive single mum, likes meals in/out, nice pubs, WLTM similar male/dad to love and care for. **Tel No: 0906 500 3662 Box No: 422265**

JO, mature understanding worldly Essex lady, seeks generous gent for regular fetish fantasy role-play, discretion assured. **Text only Mailbox: 5320299**

SARAH, 43, pretty petite green eyed female, lots of fun, likes children, animals, gym, eating out, running, sports, fast cars, shopping, seeking, nice guy to spend time with. **Tel No: 0906 500 3662 Box No: 422225**

MONIKA, likes walks, cinema, theatre, meals in and out, looking for a LTR with a lovely, caring person who is single. **Tel No: 0906 500 3662 Box No: 422081**

MERRY, widow, dark hair, kind and caring, hoping to meet a kind gent for friendship, possibly more. ACA. **Tel No: 0906 500 3662 Box No: 422339**

BARBARA, is a caring lady who seeks a man to care for, she will do anything to make you happy. Just give her a call today. **Tel No: 0906 500 3662 Box No: 422411**

Men seeking women

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RETIRED, slim Jamaican male, 68, n/s, likes walking, cinema, theatre, holidays, seeks slim to medium build West Indian lady, 65-68, n/s, for friendship/maybe more. **Tel No: 0906 500 3662 Box No: 423533**

CHRIS, 50s, looking for some fun with a like-minded female, age unimportant. **Tel No: 0906 500 3662 Box No: 423381**

MALE 61, medium build, 5ft 9ins, blue eyes, seeks white female, 40 plus, loyal, for LTR. **Tel No: 0906 500 3662 Box No: 418139**

BRIAN, professional man, lonely, kind and generous WLTM friendly lady of any age to wine/dine and love. **Text Only Box 4088926**

MEDIUM build, black guy from Essex, 49, enjoys cosy nights in, nights out, meals out pubs etc, looking for adult fun times with a lady any age. **Tel No: 0906 500 3662 Box No: 423037**

ROGER young minded, 67, very adventurous, looking for a lady 40 years old upwards who is smart and would like to enjoy times with me. **Text only Mailbox: 5350823**

WHITE male, 40s, tall, dark brown hair, blue eyes, GSOH, seeks mixed race lady, for cinema, nights in and out, friendship and maybe more. **Tel No: 0906 500 3662 Box No: 422983**

JOHN, very tactile man, 6ft, likes to make a lady feel good, looking for a younger lady to pamper and treasure. **Tel No: 0906 500 3662 Box No: 421033**

MALE, 62, 5ft9, medium stocky build, dark hair/blue eyes, genuine, loving and kind, seeks white female 40+ who is genuine, trustworthy, tactile, loving and down to earth. **Tel No: 0906 500 3662 Box No: 422767**

PHILLIP, 66, into farming and country life, looking for a loyal, genuine lady, someone I can trust, to go on holidays with and spend time together. **Tel No: 0906 500 3662 Box No: 422699**

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BRIAN, 49 year old single dad, hard working, loyal, very loving, looking for LTR with a slim woman around 45 years, if you like the sound of me please leave me a message and I'll get back to you, ACA. **Tel No: 0906 500 3662 Box No: 423387**

MALE 40s, medium-build, genuine, working, driver, looking for a long-term relationship with a medium-build lady between 35-46. All replies answered. **Tel No: 0906 500 3662 Box No: 419675**

WILLIAM, 65, easy going, n/s, likes days out, looking to meet someone for fun and friendship, hope to hear from somebody and we can have a chat. **Tel No: 0906 500 3662 Box No: 423327**

MALE, 48, London born, quite handsome and easygoing, based in Enfield, seeks lady for companionship, adult fun, holidays, restaurants and cosy nights in. **Tel No: 0906 500 3662 Box No: 423221**

GENTLE, caring, retired professional, likes bridge, travel, holidays, cinema, dancing, meals out, looking for a companion/company of a very good woman. **Tel No: 0906 500 3662 Box No: 423211**

GARY, 53, caring, likes snooker, bowls, looking for a nice woman to meet and fall in love with. **Tel No: 0906 500 3662 Box No: 423145**

EDWARD, 77, looking for a companion South East area of Kent, for holidays, days out, social events, and lots more. **Tel No: 0906 500 3662 Box No: 423039**

CHRIS, 44, white male, vegetarian, n/s, non-drinker, likes films, music and theatre, looking to meet a similar lady, 38-44, in Dagenham or surrounding areas. **Tel No: 0906 500 3662 Box No: 423269**

GENTLEMAN, smart, well dressed, substantial, tall, retired, widowed, WLTM a nice lady, lives in Essex near Brentwood. **Tel No: 0906 500 3662 Box No: 423245**

MALE, 5ft7, well built, ex air force/police force, likes cooking, cruising, holidays and all the general things of life, seeking a long term steady relationship. **Tel No: 0906 500 3662 Box No: 423345**

MALE, 62, would like to meet older woman who is broadminded & wants to be made to feel very special. **Text only Mailbox: 4411738**

ANDREW, 50, slim to medium build, lives in Ashford/Kent area, WLTM a women, 40-70, for discreet fun, would be great to hear from you so get back to find out more! **Tel No: 0906 500 3662 Box No: 423271**



TALL single early 60's male looking for pure hearted lady for LTR. **Text only Mailbox: 5496781**

MALE, 61, blue eyes, five foot ten, non-smoker, would like to meet a mother-in-law for cups of tea and holding hands. **Tel No: 0906 500 3662 Box No: 419357**



MALE, 70, active but housebound, seeking loving lady, please contact me, you'll be delighted. **Text only Mailbox: 5411061**

I'M 61, 5ft10, blue eyes, looking for a daytime text buddy, for fun texts and role-play. **Tel No: 0906 500 3662 Box No: 422785**

BRIAN 50, 5ft 9ins, medium build, attractive, GSOH, easy going, likes cinema, Sussex coast, live music, seeks attractive white female, 40-50 for LTR. **Tel No: 0906 500 3662 Box No: 408687**

Men seeking men

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PETER, 85, 5ft6, semi retired, WLTM a man for casual meets, nothing too heavy. **Tel No: 0906 500 3662 Box No: 423423**

TOBY, 41yrs, recently divorced, now seeking different relationship, bi curious but not gay, like minded to me, any age. **Text Only Box: 4125006**

GAY male, GSOH, slim build, I like gardening and keeping fit. I would like to meet a guy for fun and friendship. Basildon area. **Text only Mailbox: 4751943**

Friends

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STRAIGHT female, 50s, seeks genuine other female/females, for low key weekly meet ups, coffee, lunch etc. Enfield area. **Tel No: 0906 500 3662 Box No: 422463**

SYLVIA, 60s, looking for lady interested in days out, English holidays, meeting socially for tea/lunch or just chatting. **Text only to Mailbox no: 4748240**

STRAIGHT black female, 51, WLTM straight female friends who enjoy cinema, eating out, holidays, weekends away, theatre, anything for fun, especially weekends. **Tel No: 0906 500 3662 Box No: 423117**

BLACK female, 51, kind of shy, likes music, cinema etc, wishes to meet male of similar age for friendship. **Tel No: 0906 500 3662 Box No: 420897**

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TOTTENHAM'S LATE DELIGHT

By Dominique Stafford

sport.enfield@nlhnews.co.uk

CHRISTIAN ERIKSEN expressed his relief after Tottenham Hotspur claimed a late 1-0 victory at home to Crystal Palace on Saturday to secure their first win of the Premier League season.

Spurs drew 1-1 at Everton in their opening match and looked as if they were going to be frustrated again by Palace until summer signing Victor Wanyama marked his home debut by grabbing the only goal of the game with seven minutes remaining.

And Eriksen, who made his 100th Premier League appearance for Tottenham in the match, was delighted that they managed to pick up maximum points.

"There were a few points where we could have done better and could have finished the game earlier," said the Danish international midfielder. "We had the chances in the first half to finish it off and get some more confidence, but if feels nice to win, especially when it's a late goal.

"It's especially nice for Victor in his first game at White Hart Lane. The two home debutants did really well.

"It's good to win at the start of the season – we need to get some points together and get how we play going. It's always the points that matter, and luckily we got them because of Victor's goal, so it was very good.

"The 100 games have gone really, really quickly. The more experience you have, the more you know how things are supposed to go. When you feel more confident and you know everything around you it becomes easier to play and help the team at the same time."

Meanwhile, Wanyama found it hard to hide his delight at marking his home debut in the perfect fashion by scoring the winning goal when he headed in from close range following a corner.

MARTIN DALTON



Major milestone: Christian Eriksen made his 100th Premier League appearance for Tottenham

"It means the world to me," he said. "Getting a goal on my debut in front of our fans was amazing. The fans were unbelievable and that goal was special for me.

"I couldn't ask for more. It was a great set-piece. We had a lot of chances, created a lot but didn't get a goal. We had to dig deep and work harder and harder.

"We were patient, and at the end we got the goal. It feels special to have won that game, and when you get that first win, you also get that confidence."

Although Wanyama stole the headlines for his goal, head coach Mauricio Pochettino was equally impressed with the efforts of fellow home debutant striker Vincent Janssen – a summer signing from Dutch side AZ Alkmaar.

"The way Vincent fights and works for the team is unbelievable," Pochettino said. "Our supporters are very happy with his performance, and we're happy as well.

"He's a great player and a great man as well and he's only 21 and can improve a lot. Our expectations are big, but it's step by step because it's his first season in England and you have to give him time."

Victory helps keep hopes of title alive

NORTH MIDDLESEX remain in contention to be crowned champions of the Premier Division of the Middlesex County Cricket League after claiming a seven-wicket at Twickenham under the Duckworth/Lewis method on Saturday to keep them in second place in the table.

A rain-hit match saw Twickenham decide to bat first and post a total of 240-8 from their 50 overs. Marc Lezer (64), Don Manuwelge (43) and Carlos Nunes (43) were the main contributors, while Liam O'Driscoll (3-33) was the most successful bowler for the visitors.

Heavy showers led to North Middlesex being set a revised target, and the efforts of Adam Holmes (68) and O'Driscoll (53) ensured they encountered few problems in reaching this as they eased to 189-3.

Meanwhile, Highgate gave a huge boost to their hopes of avoiding relegation from Division Two as they won by six runs at Enfield in another rain-hit match to climb out of the drop zone.

Sandun Dias (85), William Bowley (62), Christopher Arul (56) and Jake Sharland (52) all played their part with the bat as Highgate posted an imposing total of 298-6.

Jack Plumb (105 not out) played superbly for Enfield in reply, but it was not enough as they fell just short of their revised target – finishing on 241-3.

However, Hornsey's hopes of securing promotion from Division Two suffered a major setback as they lost by 17 runs at Barnes.

A terrific innings of 132 from John Olive helped Barnes to amass 284-8, and the visitors were unable to reach a revised target despite an unbeaten 88 from Jamie Harris as they closed on 148-2 to lose by 17 runs under the Duckworth/Lewis method.

Elsewhere, North London are still in with a chance of promotion from Division Three following their seven-wicket win at home to Kenton.

Jordan Gregory (3-7) and Ted Greally (3-33) shone with the ball to help dismiss the visitors for 194 before Hussain Shabbir's 85 not out helped to guide North London to 199-3 in reply.

Henry is thrilled by her Olympic medal

DESIREE HENRY expressed her delight after helping Great Britain win bronze medals in the women's 4x100metres relay at the Rio Olympics.

The athlete from Enfield and Haringey Athletic Club had been one of the rising stars chosen to help light the Olympic flame in London four years ago and has developed into one of Britain's leading sprinters since then.

Henry's progress led to her being selected in the team for Rio and she ran the second leg in Friday's final, joining forces with Asha Philip, Dina Asher-Smith and Daryll Neita to come third in a new national record of 41.77seconds – securing Britain's first Olympic medal in the event for 32 years.

Henry said: "At times we did feel people had given up on us, but as individuals we know how far British women's sprinting has come.

"Each year we have got better and better. We are becoming consistent and winning medals. We have belief in ourselves and our team has belief in us, and that is all we need.

"We don't need any negativity. We have trust and faith in each other and we are so close. We got on so well and I am so happy for all these girls. After lighting the flame at London 2012, Rio was the target for me and this is the fairytale ending."

Fellow Enfield and Haringey sprinter CJ Ujah failed to make the final quartet for the men's 4x100m relay even though he was named in the initial extended squad.

Borough turn on the style as they march on in the FA Cup

HARINGEY BOROUGH made a hugely impressive start to their FA Cup campaign as they enjoyed a crushing 7-2 victory at home to Barkingside in the preliminary round of the competition on Saturday.

Borough, who have won one and lost the other one of their two Ryman Division One North matches to date, proved far too strong for their visitors from the Essex Senior League as they dominated the match virtually from start to finish.

The hosts got off to a blistering start as they raced into a 3-0 lead inside 11 minutes.

Chris Benjamin broke the deadlock on five minutes and Nana Asamoah doubled the lead soon after before Dean Fenton added a third from the spot to put them in complete control.

Borough continued to pile on the pressure and Asamoah grabbed his second on 31 minutes, while Fenton also scored again to leave them 5-0 up at the interval.

The goals continued to fly in during the second half as James Holland-Malcolm pulled one back for Barkingside before Jamie O'Donoghue grabbed Borough's sixth.

Maxell Amoako grabbed another consolation goal for the visitors, but it was fittingly the hosts who had the final say as O'Donoghue wrapped up the scoring with his second of the match 12 minutes from time.

Borough's reward for the win is a home tie against Ryman Division One North rivals Witham Town in the first qualifying round on September 3.

Haringey Borough return to league action at Norwich United on Saturday (3pm), before hosting Maldon and Tiptree on Monday (3pm).

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